

**SOUTH PLAINFIELD HIGH SCHOOL
ATHLETIC DEPARTMENT**

ASSUMPTION OF RISK FORM

This form does not release the school from any negligence. However, this form, with your signature, verifies that you are aware that various injuries do occur while participating in athletics.

"WE UNDERSTAND AND ASSUME THAT THERE IS ALWAYS POTENTIAL RISK OF INJURY, INCLUDING SERIOUS AND CATASTHOPHIC INJURY, TO OUR SON/DAUGHTER WHILE PARTICIPATING IN ATHLETICS."

Parent's Signature

Helmet Warning For Football Players

USE OF HELMET WARNING

No helmet can prevent all head or neck injuries a player might receive while participating in football. Players must always strive to follow proper blocking and tackling technique as taught by the South Plainfield coaching staff.

Do not use the helmet to butt, ram, or spear an opposing player. This is in violation of the football rules and such use can result in severe head or neck injuries, paralysis, or death to you or your opponent.

Athlete's Signature

Date

Parent's Signature

Date

"I CERTIFY THAT I HAVE READ AND UNDERSTOOD THE WARNING STATED ABOVE."